



FLORIDA REGIONAL CONVENTION OF NARCOTICS ANONYMOUS

WELCOME

The Florida Region of Narcotics Anonymous welcomes you to celebrate FRCNA XLIII “Vision Without Limits”. We look forward to you enjoying every aspect of the convention. Registration badges are required to attend ALL workshops, speakers, and our entertainment activities. This is an open convention, only addicts may share in our workshops.

OUR MESSAGE

“What is our message? The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.”

Tradition #5- Basic Text, Page 68

11th TRADITION (To the Press)

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.” To members of the press present, see a FRCNA BOD Member. We ask that you and/or your team do not take any photos/videos during the event.

CLARITY STATEMENT

We are presented with a dilemma when NA members identify themselves as “addicts and alcoholics” or talk about living “clean and sober.” The clarity of the NA message is blurred. To speak in this manner suggests that there are two diseases; that one drug is somehow separate from the rest— requiring special recognition. Narcotics Anonymous makes no distinction between drugs. Our identification as addicts is all- inclusive, allowing us to concentrate on our similarities and not our differences.

FRCNA RESPONSIBILITY STATEMENT

The Rosen Centre has made every effort to provide an exceptional setting marked by timeless elegance, classic refinement, and gracious hospitality for our convention. We, as members and attendees of this convention, represent the spirit and values of Narcotics Anonymous. Through our words and actions, we serve as NA's public relations and lead by example.

- Please keep any noise in the hallways to a minimum to ensure peace and quiet in the hotel after the evening events.
- Sleeping is NOT allowed in any public area on hotel property. (This includes the Hospitality/Escape and FDM rooms, hallway, alcoves and/or parked cars in the hotel parking lot or garage.)
- Parents are solely responsible for children in their care.
- Fireworks of any kind are prohibited.
- Shirt, shoes, and appropriate attire must always be worn inside the hotel, and public areas (except at the pool).
- While NA is under no surveillance at any time, the hotel and venues are, NA is not affiliated with the venue but in cooperation, we must always abide by their rules and regulations.

FRCNA, Inc. is committed to providing a safe and respectful environment for all attendees. Any disruptive, threatening, or violent behavior will not be tolerated. Individuals who engage in such conduct may be removed from the event, prohibited from attending future events hosted by FRCNA, Inc., and may be subject to trespass enforcement by the venue.

FRCNA is not affiliated with or endorse any vendor, social media, virtual platforms, and/or hotel venue entities

SMOKING AND VAPING

The convention facility is a non-smoking facility. Smoking or vaping is NOT permitted anywhere inside the venue and only allowed outside in designated smoking areas, in accordance with regulations. We ask that you be considerate of other attendees and hotel guests. Part II, Chapter 386, Section 386.202 Florida Statutes "INDOOR AIR: Smoking and Vaping."

SPEAKER & CHAIRPERSON SIGN-IN

Workshop Speakers & Chairpersons must register for the convention and sign in 30 minutes prior to their commitment. "Speaker Sign-In" is located at Registration Desk 4 (Level 2). Please make sure to sign the Speaker Release form when you check-in before your commitment.

SERENITY KEEPERS & GREETERS CHECK-IN

Serenity Keepers and Greeters VOLUNTEER check-in is located at Registration Desk 2 (Level 1). All volunteer hours credited to your Area for the Service Banner challenge require check-in and out at Serenity Keepers and Greeters.

CORRECTIONS

Corrections serve as the single point of contact between the state and federal correctional officials and institutions, within the Florida Region, for the purpose of carrying the NA message of recovery to the addict who still suffers behind the walls of state and federal correctional institutions. The [CRC] maintains, facilitates, and develops approved Florida Regional initiatives and projects: Pen Pal Project [PPP], pin number data base for Behind the Walls [BTW], Working the Steps BTW, and collaborate with other coordinators with Bridging the Gap. There are Corrections groups that participate during FRCNA through phone links via Zoom, be sure to welcome them!

FLORIDA REGION FELLOWSHIP DEVELOPMENT SERVICE TRACK

The Florida Regional Service Committee (FRSC) Service Track is a 60-minute workshop by the Florida Region's Fellowship Development Team facilitating the topic and discussion focusing on the topic "What is Fellowship Development and How it Serves our Primary Purpose".

FLORIDA REGION – REGIONAL & ALTERNATE DELEGATES SERVICE TRACK

The RD & AD Florida Regional Service Committee (FRSC) Service Track will be facilitated by the Regional and Alternate Delegates. The 90-minute workshop will consist of the RD & AD facilitating an IDT (Issue Discussion Topic) which is generated by the Fellowship's participation in the Conference Agenda. This year the topic chosen for discussion is "Remaining and Revitalizing Service Committees". IDT's are typically round-table participation and discussions focusing on recovering addicts in our local NA communities within the Florida Region and around the world.

The ***FRSC Service Track** workshops and conversations encourage us to think more deeply about relevant topics and help build unity within our groups and service structure. In addition, sending the results of your discussions to the World Board can help shape Fellowship-wide resources and services. This workshop is designed so that everyone can participate. Feel free to come in and listen and/or get involved. These workshops are marked (S).

WHY REGISTER FOR THE CONVENTION?

When attending an NA Convention, Members ask “Why should I register?” The convention incurs a great deal of expense. Costs include convention space/venue, travel for out-of-town speakers, entertainment, coffee, food & beverage, merchandise, programs, and registration packets. Our event venue requires all participants to register for insurance purposes. The funds collected help carry the message to the addict still suffering. There are no 7th Tradition funds used in the planning or execution of FRCNA XLIII. We believe when members understand how the registration cost helps make FRCNA possible, the question “Why should I register?”...is understood.

Contact [FRCNA-](#)

Email: info@frcna.com

FRCNA website at: www.frcna.com

FRCNA DAILY MARATHON MEETING

FRCNA Daily Marathon (FDM) are continuous meetings that open daily at the specific hours listed. The Chairperson will start each meeting with NA readings and then open for sharing/discussion. Each Chairperson will simply introduce themselves and continue the sharing/discussion taking place at the time. The FDM is a closed NA meeting open only to addicts or those who think they might be an addict. This is the only area of the convention venue that does not require a registration badge.

HOURS:

Thursday 11AM – 12AM

Friday 8AM – 12AM

Saturday 8AM – 12AM

Hours of Operation

THURSDAY July 3, 2025

REGISTRATION	Registration Desk	11:00 AM - 10:00 PM
MERCHANDISE	Salons 9/10	11:30 AM - 6:00 PM 9:00 PM - 10:30 PM
OUTSIDE VENDORS	Salon 11	
HOSPITALITY/ESCAPE	Salon 8	11:30 AM – 7:00 PM 10:00 PM – 12:00 AM
FRCNA Daily Marathon *No Badge Required*	Salon 13	12:00 PM – 12:00 AM

FRIDAY July 4, 2025

REGISTRATION	Registration Desk	8:30 AM - 10:00 PM
MERCHANDISE	Salons 9/10	9:00 AM - 6:00 PM 9:00 PM - 10:30 PM
OUTSIDE VENDORS	Salon 11	
HOSPITALITY/ESCAPE	Salon 8	8:00 AM - 7:00 PM 10:00 PM - 12:00 AM
FRCNA Daily Marathon *No Badge Required*	Salon 13	8:00 AM – 12:00 AM

SATURDAY July 5, 2025

REGISTRATION	Registration Desk	8:30 AM - 5:00 PM 7:00 PM - 10:00 PM
MERCHANDISE	Salons 9/10	9:00 AM - 5:00 PM 9:00 PM - 10:30 PM
OUTSIDE VENDORS	Salon 11	
HOSPITALITY/ESCAPE	Salon 8	8:00 AM - 5:00 PM 10:00 PM - 12:00 AM
FRCNA Daily Marathon *No Badge Required*	Salon 13	8:00 AM – 12:00 AM

SUNDAY July 6, 2025		
MERCHANDISE	Salons 9/10	9:00 AM - 12:00 PM
OUTSIDE VENDORS	Salon 11	
HOSPITALITY/ESCAPE	Salon 8	8:00 AM - 10:00 AM

Entertainment

THURSDAY July 3, 2025		
Intro to Basic Deck	Salon 15/16	10:00 PM – 1:00 AM
FRIDAY July 4, 2025		
Gentle Yoga	Salon 7	8:00 AM
Escape Room Adventure	Hospitality/Escape Room (Salon 8)	10:00 AM - 12:00 PM 3:00 PM – 5:00 PM
Vinyasa Yoga	Salon 7	12:00 PM – 1:00 PM
Comedy Show**	Grand Ballroom	10:00 PM - 11:30 PM
Escape Room	Locked Suite TBD	10:00 PM – 11:30 PM
Dance	Signature 1	10:30 PM - 1:30 AM
Yoga Nidra	Salon 7	10:00 PM - 11:00 PM
Basic Deck- Game	Salon 15/16	10:00 PM – 1:00 AM
SATURDAY July 5, 2025		
Gentle Yoga	Salon 7	8:00 AM
Escape Room Adventure	Hospitality/Escape Room (Salon 8)	10:00 AM - 12:00 PM 3:00 PM – 5:00 PM

SATURDAY July 5, 2025 (Continued)

Banquet**	Grand Ballroom **Assigned Tables	6:00 PM (Doors open at 5:45 PM)
Main Auction	Grand Ballroom	7:00 PM (Doors open at 6:45 PM)
Comedy Show**	Grand Ballroom	10:00 PM - 11:30 PM
Dance	Signature 1	10:30 PM – 1:30 AM
Yin Yoga	Salon 7	10:00 PM - 11:00 PM
Basic Deck- Game	Salon 2	10:00 PM – 1:00 AM

SUNDAY July 6, 2025

Sunday Breakfast**	Grand Ballroom	9:00 AM - 10:00 AM
Basic Deck- Freedom Game	Grand Ballroom	10:00 AM – 10:30 AM

****= Paid event - All hard ticket events are ONLY for paid convention registrants****

ZOOM – All Main Speakers along with the “Corrections” and FD workshops will be live streamed and simulcast via the Zoom platform. Check out the Main Speaker Virtual Simulcast schedule posted at www.frcna.com and on our social media at Facebook, Instagram, Threads and X.



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Workshop & Main Speakers Schedule

Thursday July 3, 2025		
1:30 PM	Crafting a Vision of Self Worth & Confidence	Salon 15/16
	Just for Today - What it Means to You	Salon 17/18
3:30 PM	The Wisdom to Know the Difference	Salon 1
	Building Healthy Relationships	Salon 15/16
	Empowering Service through Conceptual Integrity	Salon 17/18
7:30 PM	Thursday Opening Speaker Richard A. (Greater Orlando Area)	Grand Ballroom
10:00 PM	Just for Tonight	Salon 1
	Recovery is an Inside Job	Salon 3/4
	Freedom from Active Addiction – The Obsession is Real	Salon 17/18
Friday July 4, 2025		
7:00 AM	Just for Today	Salon 1
9:00 AM	Finding Peace through Loss	Salon 2
	Maturing through the Program	Salon 5/6

Friday July 4, 2025 (Continued)

10:30 AM	Embracing the Moment	Salon 1
	Living in the Solution (Steps 10 & 11)	Salon 3/4
	Balancing Freedom with Responsibility	Salon 17/18
	CORRECTIONS	Jr. Ballroom F
12:00 PM	Why do WE stay... WHAT Keeps Us Involved	Salon 2
	Letting Go of Destructive Behavior (Steps 6 & 7)	Salon 5/6
	I will LOVE you from over HERE	Salon 15/16
1:30 PM	Friday Afternoon Featured Speaker LEAH C. (Uncoast Area)	Grand Ballroom
3:30 PM	7th Tradition in ALL my Affairs	Salon 1
	The Most Important Person IS???	Salon 3/4
	The Real Measure of Growth is Freedom	Salon 5/6
	(S) FRSC Service Track FD: What is Fellowship Development & How it Serves our Primary Purpose	Salon 15/16 *60 minutes
	Let Go or Go Down with the Ship	Salon 17/18
	LGBTQ+	Jr. Ballroom G

Friday July 4, 2025 (Continued)

7:30 PM	Friday Evening Main Speaker JOEL W. (Arizona Region)	Grand Ballroom
10:00 PM	Just for Tonight	Salon 1
	The Cost of Relapse - What's Your Recovery Worth	Salon 3/4
	Discernment: Doing the Next Right Thing	Salon 17/18

Saturday July 5, 2025

7:00 AM	Just for Today	Salon 1
9:00 AM	Victim or Volunteer -The Choice is Mine	Salon 1
	Laying the Groundwork (Steps 1,2, &3)	Salon 3/4
	Winning the Battle Armed with Courage	Salon 5/6
10:00 AM	(S) FRSC Service Track <u>RD & AD</u> - IDT: "Remaining and Revitalizing Service Committees"	Grand Ballroom *90 minutes
10:30 AM	40 Days to 40 Years: The Process Doesn't Change	Salon 2
	Creating a Vision of Recovery Without Limits	Salon 3/4
	Making the List and Following Through (Steps 8 & 9)	Salon 5/6

Saturday July 5, 2025 (Continued)

12:00 PM	A Three-Fold Disease - Physical, Mental & Spiritual	Salon 1
	Growing Through It - Not Going Through It	Salon 3/4
	Getting Real (Steps 4 & 5)	Salon 5/6
	WOMEN'S RAP	Jr. Ballroom F
	MEN'S RAP	Jr. Ballroom G
1:30 PM	Saturday Afternoon Featured Speaker CHAD D. (Heartland Area)	Grand Ballroom
3:30 PM	Sharing the "Vision" (Step 12)	Salon 1
	SPANISH RAP	Salon 2
	FOMO (Fear of Missing Out)	Salon 3/4
	Clean on the Screen	Salon 5/6
7:30 PM	Saturday Evening Main Speaker TINA H. (Pennsylvania Region)	Grand Ballroom
10:00 PM	Just for Tonight	Salon 1
	Clean Time vs Recovery Time: It's Not a Battle	Salon 3/4
	Self-Hatred to Self-Love	Salon 5/6

Sunday July 6, 2025		
7:00 AM	Just for Today	Salon 1
10:30 AM	Sunday Morning Speaker DONNA P. (Oregon Region)	Grand Ballroom
Other Information		
Starting Friday	Nar-Anon (In cooperation, not affiliation)	Salon 12

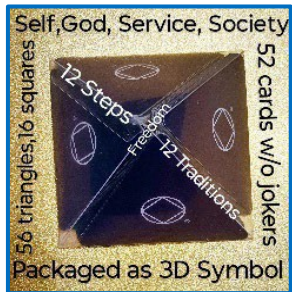
FRCNA 43 ACTIVITIES

- Activities included in your registration at no additional cost-

BASIC DECK

We are honored and excited to officially announce for the first time in Narcotics Anonymous the introduction of NA centered games! These include the Basic Deck of Playing Cards, Principles Dice set and Freedom boards, which is NA Bingo. Game nights/workshops are Thursday, Friday and Saturday (10PM – 1AM) and we play Freedom again on Sunday at 10AM. There are members throughout

the convention to show you how to “Play the Program” and experience Freedom! Basic Deck creates interactive items which represent the colors, 3D symbols and Program of NA! Let's "Play the Program" (Spades) Experience "Freedom" NA's 1st EVER Bingo game; Goodwill + 12 Steps + 12 Traditions= Freedom!!! The Basic Deck and custom handmade Freedom boards are collectors' items and sold by the FRSO in Salons 9/10.



Yoga by Andrew

- Friday and Saturday mornings 8:00 AM - Gentle Yoga - All levels movement class
- Friday 12:00 PM - Vinyasa Yoga - Vigorous class with some intermediate poses to stretch, strengthen, and sweat, good expression of excess energy
- Friday 10:00 PM - Yoga Nidra (with sound bath) - 'Yoga sleep' listen to verbal guidance in stillness. to achieve deep rest
- Saturday 10:00 PM - Yin Yoga - Deep stretching while never rising from mat accompanied by a guided meditation

ESCAPE ROOM ADVENTURES

Join us for the daily Escape Room adventures on Friday & Saturday at 10AM & 3PM..your team of 8 enters a live action hunt with clues throughout the convention area to escape the clock!

ESCAPE ROOM – LOCKED SUITE TBD

This is an actual live immersive and interactive adventure Escape Room. Friday & Saturday nights at 10PM. Your team of 6 will have 60 minutes to escape from various NA related scenarios, themes, no keys to the locks, clues, and puzzles. What a thrilling new experience!!!

TIKTOK Social Media SPOT

Look for an area with a special banner for the TikTok Social Media spot to create your content, reels, dance trends & group photos of your FRCNA journey. So, what exactly makes a Social Media trend? Posting a video of you and your friends at the convention, lip syncing, fun selfies or dancing to a soundtrack.

FRCNA 43 SPECIAL EVENTS

AUCTION

Saturday night the main auction will start promptly at 7:00 PM – convention banner, logo puzzles, one logo jewelry piece, and limited-edition items.

DANCES

Friday night is throwback themed 70's/80's disco...Saturday night is current trend club music featuring DJ "Buck Wylde!!!" – Signature 1 (Level 1)

COMEDY SHOW

FRIDAY and SATURDAY nights!!! Guess who's back? Mark Lundholm!!! Each show is unique and different...get your combo tickets!

*Ticket(s) Required (Paid Event)

OUTSIDE VENDORS—JEWELRY& CD'S

Don't forget our outside vendors returning to FRCNA! NA jewelry from "Parable Designs", Workshop and Main Speaker CD's from "Sista Sol" and customized NA medallions by "The Gifts of Recovery"

Daily FRSO GIVEAWAY

When you visit the Florida Regional Service Office in Salon 9/10 don't forget to get your ticket for their daily giveaway drawing of a special item every evening at 9PM

RESTAURANT DISCOUNT FOR REGISTERED ATTENDEES

Show your FRCNA badge to receive a 25% discount

*Harry's Poolside" - "Cafe Gauguin" –"Everglades"

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MAIN SPEAKERS – Virtual Simulcast



Thursday, 7:30pm - <https://shorturl.at/FHYHR> - Thursday Evening

Meeting ID: 840 2223 2717 – Passcode: 175783

Friday, 10:30am - <https://shorturl.at/3sj5b> - Corrections Workshop

Meeting ID: 864 5756 8344 – Passcode: 028638

Friday, 1:30pm - <https://shorturl.at/qOwh8> - Friday Afternoon

Meeting ID: 892 4849 1892 – Passcode: 076109

Friday, 3:30pm - <https://shorturl.at/JXCzh> - Fellowship Development

Meeting ID: 898 1721 4619 – Passcode: 904734

Friday, 7:30pm - <https://shorturl.at/tcX4A> - Friday Evening

Meeting ID: 896 3088 7120 – Passcode: 533222

Saturday, 1:30pm - <https://shorturl.at/NLpS2> - Saturday Afternoon

Meeting ID: 899 6656 9612 – Passcode: 172173

Saturday, 7:30pm - <https://shorturl.at/1DpZl> - Saturday Evening

Meeting ID: 871 0373 4623 – Passcode: 139747

Sunday, 10:00am - <https://shorturl.at/FyhKU> - Sunday Morning

Meeting ID: 818 2366 0746 – Passcode: 851248

Please use 305-224-1968 or 646-931-3860 or 309-205-3325 or 646-876-9923 to dial in if you can only join audio.



Let Us Introduce FRCNA XLIV...

July 2nd – 5th, 2026

ROSEN PLAZA

9700 International Drive

Orlando, FL 32819

How to Get Involved with FRCNA 44 -

FRCNA Support Committees:

Enhance your FRCNA experience by participating in any of the following Support Committees - Entertainment, Serenity Keepers & Greeters, Hospitality/Escape, Marathon, Program, Merchandise, or Registration. Support Committees meetings are 10:00am to 12pm, starting in October. All are welcome to attend the Support Committee Meetings!

How to join FRCNA Support Committees?

Each committee is comprised of two representatives from each Area within the Florida Region and will be assigned to a committee. Members participate in the planning of FRCNA and/or if you prefer getting involved in the execution of the convention or both.

Your commitment to serve will help us make
FRCNA XLIV a great success!!!

Speaker Submissions

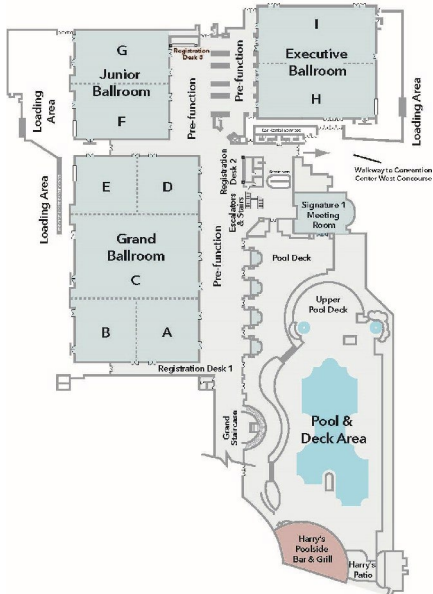
FRCNA accepts speaker submissions throughout the convention cycle mp3 recordings **online** only. The deadline for the current year's consideration is **March 15th**. The selection of Main speakers is in April prior to the current year's convention.

Required: Speaker's Name, Email, Phone, Clean Date, Area & Region, Location and Date of Recording must be provided prior to uploading online at www.frcna.com/speaker

LEVEL 1

BaUrooms and Signature 1 Room

Parking Garage



LEVEL 2

Satons, Signature 2 Room and h'ospitality Suites

